



MOX ONE™

SNOWBOARD HARNESS

THE EASIEST WAY TO TEACH
SNOWBOARDING!!

TEACHING GUIDE

Tips & Tricks



MDX⁺ONE™

Our unique teaching system consists of a small backpack / harness with removable seat harness, a retractable leash with bungees and 3 attachment points.

RETRACTABLE LEASH

Our retractable leash has a bright 16' tape with two bungees at the end to allow smooth stops and correct & avoid falls. You can easily go from 16' to a few inches from your student in a matter of seconds. When you see your minishred going forward on his/her toes, simply push the stop button to correct and avoid the fall. The hook at the top is to easily scoop your minishred off the snow using one of our backpack handles.



BACKPACK

Our backpack comes with some great features:



“OD” CONNECTION



Best to practice
going straight
downhill
(Beginner setting)

“Y” CONNECTION



Best to practice heelside & toeside
and pendulum (falling leaf)
Best to practice linking turns
(Beginner/Intermediate setting)

“O” CONNECTION



Best to practice
linking turns
(Expert setting)

HOW TO / TIPS & TRICKS

First thing get your minishred use to the backpack / harness at home. The backpack is big enough to house the leash, small toys and snacks. For snow schools & snowboard instructors, a good way to break the ice with the child is to carry a small shredding teddy bear inside the backpack.

Preset and adjust all the straps before hitting the slopes

All straps come with ELASTIC BANDS to store the extra strap slack **USE THEM, SAFETY FIRST!**



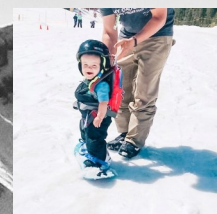
TIME TO SNOWBOARD / BUNNY HILL

Once the child is comfortable being pulled around on the flat with the leash you can then go to the top of the bunny hill and start walking behind & close to the child with the leash high up.

Children under 3 years old tend to sit down or squat while riding at first and this can easily be corrected with our leash. You can also use our handles to get kids sliding on the flat and get them use to small features in the mini-park.

The OD connection works best at first as the child needs to learn to go straight downhill. When the child gets more comfortable, give them more space with the leash.

Always look at the child and pay attention to their snowboard & feet. If you see the child going forward on their toes, just press on the stop bottom on the leash. The bungees will react and correct & prevent or brake the fall.



HOW TO / TIPS & TRICKS

After practicing going straight downhill, try a few more runs using the other connections to work on heelside and toeside while still walking behind the child. Once the child gets more comfortable, hop on your snowboard and repeat the same exercises while riding behind them. Please remember to stay close to the child if the hill is very busy with skiers and snowboarders.

TIME TO GO UP THE CHAIRLIFT

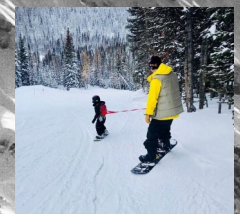
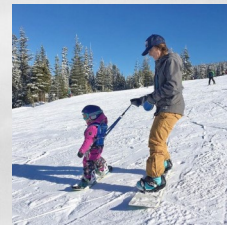
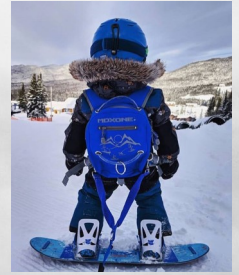
You'll love using our grab handles while getting on the chairlift. It will be much safer and easier to go on and off the lift with your minihred. DISCONNECT the leash and place it in the backpack or carry it in your hands before getting on the chairlift.

TIME TO SHRED TOP to BOTTOM RUNS

As your minihred progresses, take the easy/green runs down and use the different connections. The idea is to try to let the child go on their own as much as possible. Try letting the tape/rope run freely and only use the stop button to slow the child down, avoid a fall or help them turn.

HEELSIDE TOESIDE & TURNS

The Y connection works best for heelside, toeside and to initiate turns. Work on the pendulum (falling leaf) exercise on heelside and then flip the bungees over the child's head and under the arms to practice toeside. For toeside, stay close to the child and keep the leash low. To initiate turns, pull/tug to the right for the child to initiate a left turn and vice versa for the other direction.



HOW TO / TIPS & TRICKS

The O connection works best when the child has progressed and starts linking turns. This connection gives the child more freedom but still gives the instructor full speed control when needed.

WHY MDXONE?

- ★ Created by parents and Snowboard instructors for Parents & Instructors
- ★ Supported by CASI (Canadian Association of Snowboard Instructors)
- ★ GLOBALLY Parents, Snow Schools & Pros are using our products and loving it (see instagram @mdxone)
- ★ BEST & only Snowboard specific harness on the market
- ★ Unique style and the most versatile
- ★ **MAKE SURE YOU MAKE IT FUN!**

